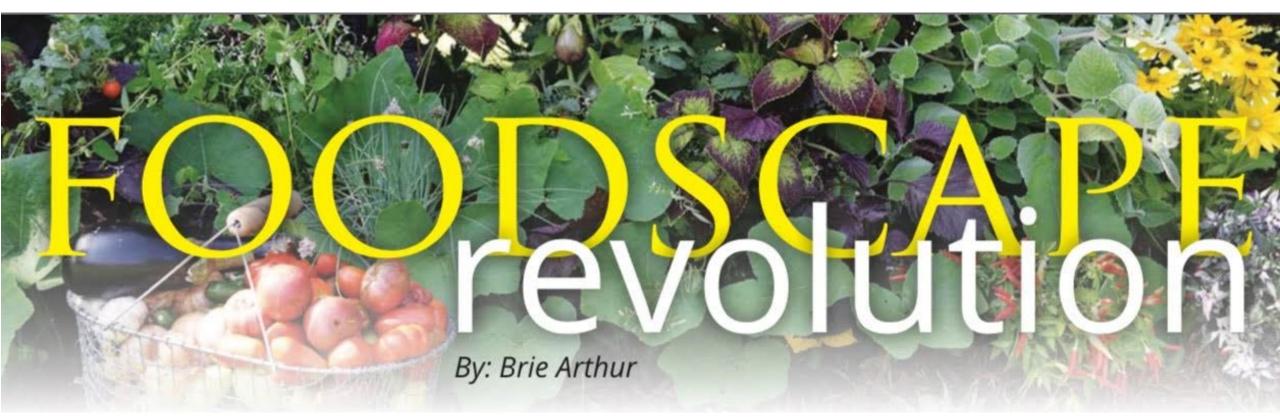
### **Right Size Foodscape**









#### Brie Arthur "Brie the Plant Lady"

Author of

The Foodscape Revolution

Gardening with Grains

Based in Raleigh, NC Zone 7











### Growing Veggies with an HOA circa 2006

### I dream landscapes can be BEAUTIFUL & BOUNTIFUL







### Let's start a conversation

### **EVERYONE EATS!**

# What is a Foodscape?

### FOODSCAPING: Integration of edibles in traditional landscapes & containers





Illustration by Preston Montague



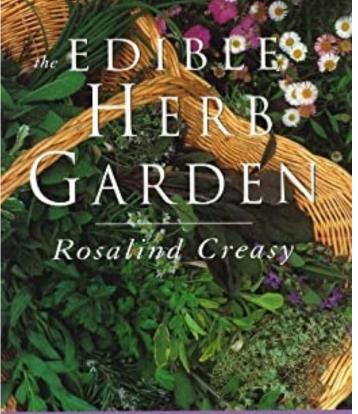
## Ros Creasy



#### Rosalind Creasy Edible Landscaping

Now You Can Have Your Gorgeous Garden and Eat It Too!





by the author of the award-winning Complete Book of Edible Landscaping



### Ros Creasy's Edible Landscape

#### Think about what you eat ALL of the time

- Focus on growing PRACTICAL food crops that you like to cook with
- Grow A LOT of them to help change your buying habits
- Cultivate extra to share with friends and family
- Consider preserving for long term use



### The "Dirty Dozen"

### produce with the highest levels of pesticide residues

- 1. Strawberries
- 2. Spinach 😭
- 3. Kale, collard and mustard greens
- 4. Nectarines
- 5. Apples
- 6. Grapes
- 7. Cherries
- 8. Peaches
- 9. Pears
- 10. Bell and hot peppers
- 11. Tomatoes
- 12. Celery





## The Clean Fifteen

- 1. Avocados
- 2. Sweet corn
- 3. Pineapples
- 4. Onions
- 5. Papayas
- 6. Sweet peas (frozen)
- 7. Eggplants
- 8. Asparagus 😭
- 9. Broccoli 😭
- 10. Cabbages
- 11. Kiwis

- 12. Cauliflower
- 13. Mushrooms
- 14. Honeydew melons
- 15. Cantaloupes

### Create a plan, drawn to scale

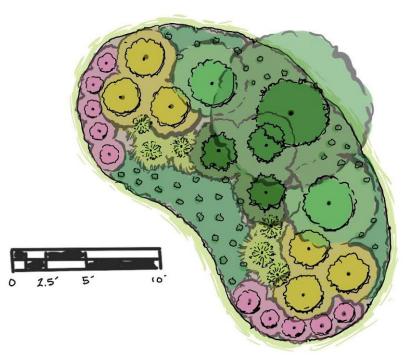


Illustration by Preston Montague

#### "Dessert Island"

Strawberry groundcover

Berry hedges

Fruit & Nut trees



### You don't have to grow in straight lines

### Veggies like more SUN than shade

Sunlight:

FULL SUN= 8+ hours

PART SUN = 4-6 hours

SHADE= 4 hours or less

Water:

DAILY = site close to hose!

WEEKLY = once established

IF YOU GROW IT FOR THE FRUIT OR THE ROOT, YOU NEED FULL SUN.

IF YOU GROW IT FOR THE LEAVES, PARTIAL SHADE IS ALL YOU NEED.

UrbanOrganicGardener.com

Plant where it is convenient to water and harvest



### Utilize existing open mulch space



#### Start Small and DO IT RIGHT!



#### Proper bed preparation will lead to successful gardening

# Soil Preparation is 99% of the magic!

- Well Drained
- Not Compacted
- Hummus Rich
- Full of Organic Matter
- Teaming with Microbes

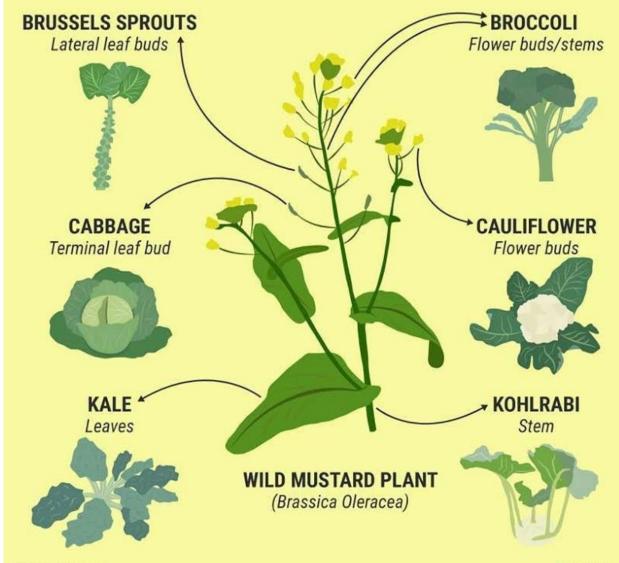




### Food Crops LACK Diversity

#### **6 vegetables that are the same plant**

Over hundreds of years farmers have been breeding one plant – called Brassica Oleracea – into dozens of different varieties. These six vegetables you can find in the grocery store are actually all the same plant.



SOURCE: Botanist in the Kitchen

### Ornamental Plants offer Biological Diversity



### Agastache foeniculum

### Broccoli Cauliflower

### Allium 'Millennium'

### Chard Kale

### Ascelpias tuberosa

Corn

## Peppers

### Asclepias tuberosa 'Hello Yellow'

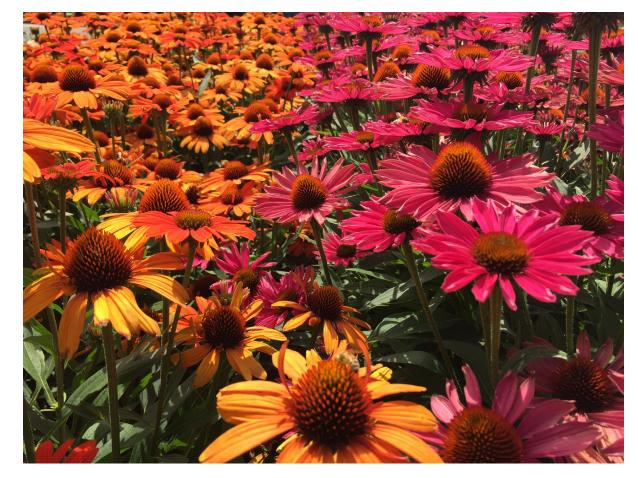
### Okra

### Rice

### Baptisia DECADENCE® 'Lemon Meringue'







#### Echinacea purpurea

Kismet Series 'Intense Orange' & 'Raspberry'

Herbs: Basil, Oregano, Rosemary

### Nepeta faassenii 'Cat's Meow'

### Kohlrabi Turnip



### *Phlox paniculata* 'Bright Eyes' & 'Glamour Girl'



### Salvia nemorosa COLOR SPIRES<sup>®</sup> 'Violet Riot'

### Beets Brussel Sprouts

### Containers are a great way to start

### Place containers in convenient to access locations



## Direct seed lettuce in baskets



### Salad Bowl Basket



Day Neutral Strawberries are excellent in containers

# The bugs can't get to the fruit!

'Chandler'



Leaf Lettuce is ALWAYS a good idea in glazed pots: easy to plant, harvest & looks nice



#### Crescent Gardens Planter Barley & Carex





### The Nest by Crescent Garden















#### 100 Gallon Root Pouch Raised Gardens





#### 1 month after planting

### 2 months after planting

#### TIME TO HARVEST!



#### Potatoes are excellent in conatiners





#### Potatoes in Caveen Grow Bags







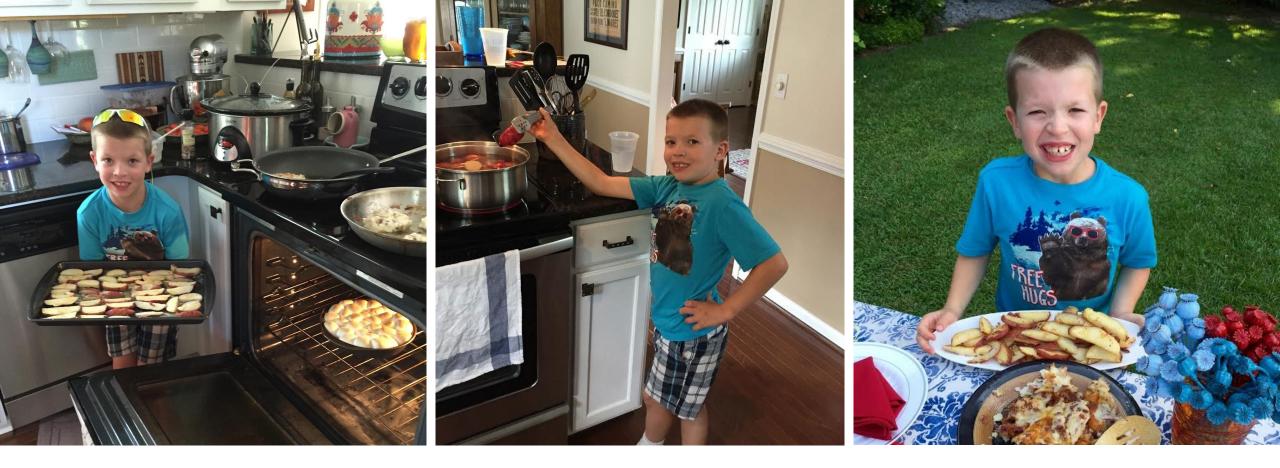


#### Harvested 6 July

5 months from planting to harvest

#### The French Fry Story





Cooked and served those potatoes Now he knows exactly where french fries come from!

#### Now he is 16...

He still grows potatoes and makes French fries in the air fryer!







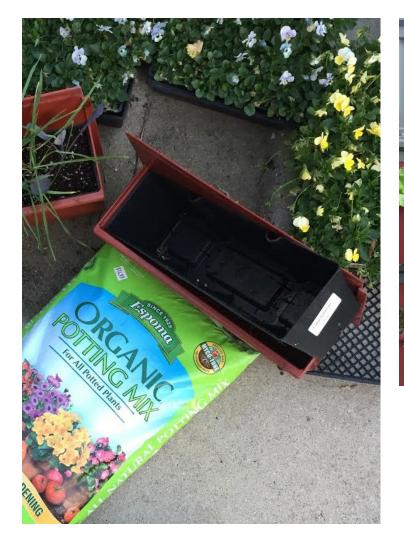
#### Grow Vertical



LiveWall.com

#### Live Screen on wheels

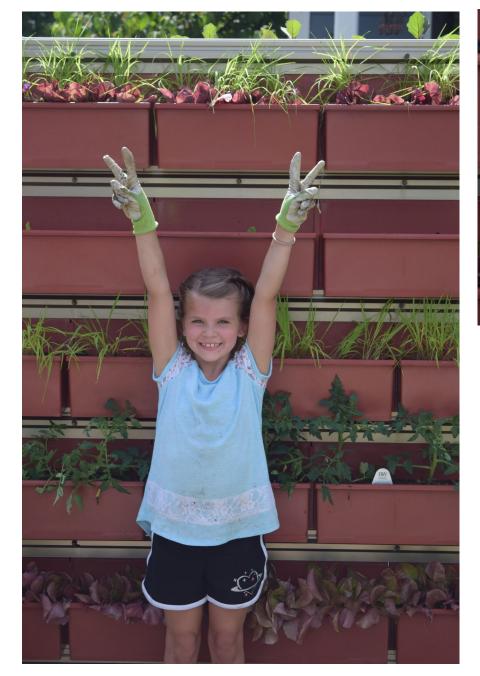






Easy to Replant Timer Irrigation Brass Nozzles







#### Kid Friendly Growing





### Is Foodscaping "deer proof?"















#### Fencing

#### Repellents

Reflective tape





#### Vole King Bags

#### Motion censored irrigation

### How to start a Foodscape Revolution







### Installing Foodscapes for neighbors during the Covid-19 Pandemic

#### Filming Growing A Greener World TV





#### **Episode 1102: The Foodscape Revolution**

**BY GGWTV ON SEPTEMBER 12, 2020** 



# Watch anytime on GGWTV.com

### or check local PBS listings









#### Foodscaping is the FUTURE!



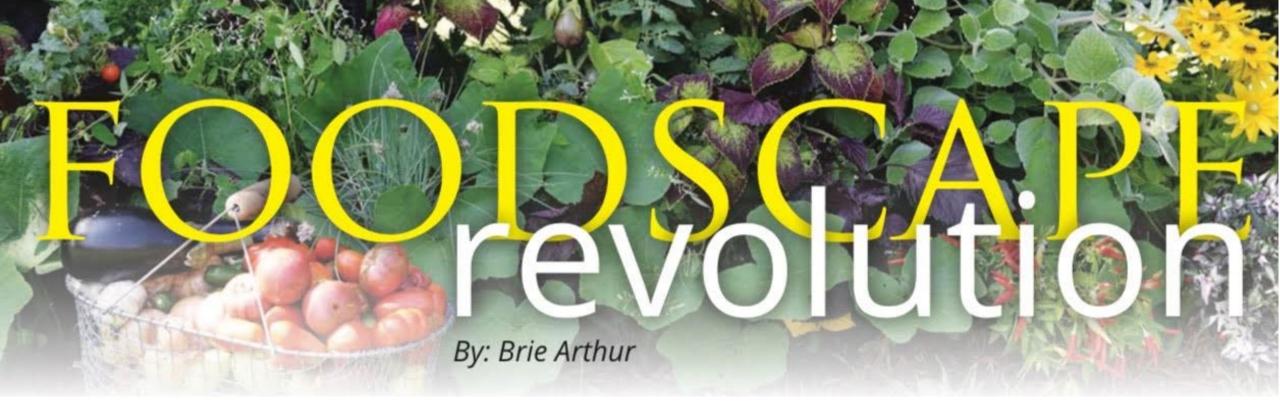
### **180 MILLION acres** of development in US

#### Churches, Residential Landscapes, Municipal Buildings & Schools

hotograph by Yann Arthus-Bertrand, Altitud

SEVEN BILLION JANUARY 2011 DPYRIGHT NATIONAL GEOGRAPHIC SOCIETY. ALL RIGHTS RESERVED

## Every landscape offers an opportunity to grow some food in a beautiful and productive way

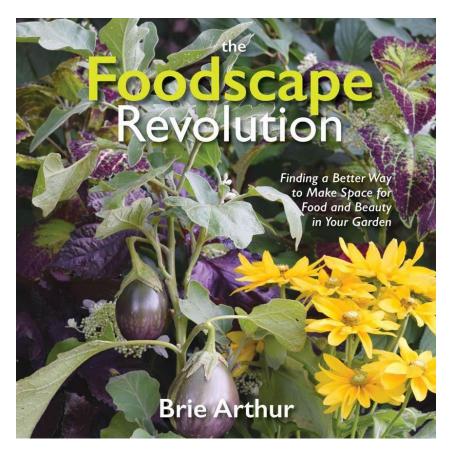


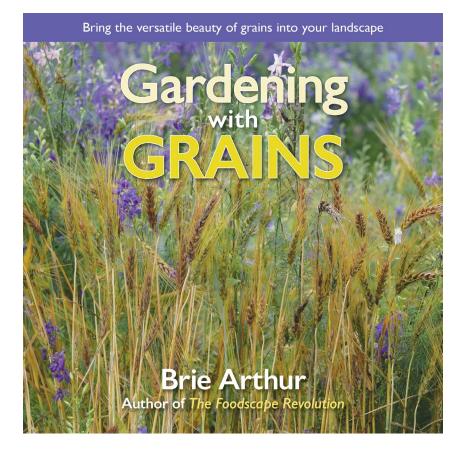
# Thank you





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